

Clinical Research Announcement

April 15, 2008

Peak Health Medical Group, Research Division is actively enrolling patients for the following study. Please contact Bertha at 310-575-3100 if you think you may qualify and are interested in participation.

What is the ARRIVE study?

ARRIVE is a global research study involving about 12,000 subjects and about 500 research centers in Germany, Italy, Spain, the United Kingdom and the United States. The study will evaluate if aspirin (acetylsalicylic acid) reduces the risk of heart attack and stroke in subjects at moderate risk for coronary artery disease.

Many large studies have already shown that a low daily dose of aspirin protects the heart and blood vessels and reduces the risk of heart attacks. ARRIVE is the first large scale research program to study these protective effects in subjects who have no current cardiovascular disease, but are still at some risk for heart attack and stroke.

The ARRIVE study is sponsored by a pharmaceutical company.

Who can participate in ARRIVE?

You may be able to participate if you are a man age 50 or older, or a woman age 60 or older, and have some risk factors for a heart attack or stroke, but no history of heart disease or stroke. Your doctor will determine if you are eligible to participate and then guide you through the study process.

To qualify for the study, you should not have an allergy to aspirin (acetylsalicylic acid) or a current history of ulcers or bleeding in your stomach or intestines. If you are taking "blood thinners" (anticoagulants), or certain pain relievers such as ibuprofen, naproxen, or celecoxib, ask your study doctor if you qualify.

Why should I participate?

If you qualify, you may receive up to 5 years of study-related care at no cost to you. Certain routine tests will be provided, although these are not meant to replace your usual health care.

The ARRIVE study offers an opportunity that will help the medical community learn more about the primary prevention of heart disease and stroke.

What will I be asked to do?

If you qualify and agree to join us, you will be scheduled for 8 study visits. These visits will include questions on your medical history and general health habits, brief study-related physical exams, some blood tests, and health and dietary counseling. You will be asked to:

- Sign an Informed Consent Document indicating that you understand the information about the research study and agree to participate
- Follow the study treatment plan explained to you by your study doctor
- Attend all scheduled appointments with your study doctor

You will be in the study for a total of 5 years, a period of time necessary to study long-term treatment. If you are enrolled and decide you no longer want to participate in this voluntary study, you may end your participation at any time.